



FOUNDATION OF AMERICA  
TEXAS GULF COAST CHAPTER

## 2026 Internship – CHW Intern (Community Health Workers)

### About Us:

The Lupus Foundation of America – Texas Gulf Coast is dedicated to improving the quality of life for all people affected by lupus through education, advocacy, support, and research. Our chapter serves a diverse and growing community in Southeast Texas, and we are expanding our digital presence to better reach those who need us most.

**Internship Term:** Spring 2026 (February to May)

**Total of Positions:** 5

**Job Type:** Part-time, up to 20hrs/week

**Location:** Houston, Texas (Hybrid)

**Desired Fields of Study:** Public Health, Community Health, Social Work, Psychology, Nursing, Health Education, Human Services, or related fields

### Position Overview

We are seeking a compassionate, community-minded **Community Health Worker Intern** to support outreach, education, and patient engagement efforts. This role is ideal for students interested in public health, community health, social services, or advocacy—and who want real, hands-on experience supporting vulnerable and underserved communities.

### What You'll Do

- Support outreach and education efforts by sharing lupus awareness materials at community events and helping connect individuals to available resources
- Assist with planning and coordinating health programs, workshops, and support group activities
- Help maintain accurate records, participant data, and follow-up communication for community members seeking support
- Collaborate with staff and volunteers to identify community needs, promote programs, and strengthen relationships with partners and local organizations

### What This Internship is a Great Opportunity

*Even though this is an unpaid role, interns gain valuable, career-launching experience:*

- ❖ **Meaningful community impact**—directly supporting individuals and families affected by lupus
- ❖ **Hands-on outreach experience** at health fairs, community events, support groups, and educational sessions
- ❖ **Skills in patient navigation, health education, and resource coordination** that are highly valued in public health and nonprofit careers
- ❖ **Networking** with medical professionals, patient advocates, and local partner organizations.
- ❖ **Flexible scheduling** to accommodate academic commitments
- ❖ **Resume-building experience** in community engagement, program support, and culturally competent communication
- ❖ **Service Hours:** With a recommendation letter from the CEO of Lupus Foundation – Texas Gulf Coast of the community impact you served

### What You'll Gain

*By the end of the internship, you will have:*

- Practical experience in community outreach, health education, and patient support
- Exposure to nonprofit operations, program development, and advocacy work
- Professional references and networking contacts
- A deeper understanding of lupus, chronic illness support needs, and health equity challenges in multicultural communities



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**Preferred Qualifications**

- Strong interpersonal skills with genuine empathy and cultural sensitivity
- Interest in health equity, chronic illness awareness, and community advocacy
- Comfortable engaging with diverse populations across age groups and backgrounds
- Ability to work independently and communicate effectively
- Bilingual abilities a plus

**How to apply:**

- CV/Resume: Adding details of college coursework
- Cover Letter: Explaining your interest in supporting our mission and why you are invested in community health or advocacy
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